

Mayor
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Floral Park Village Items



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Message from the Mayor

Dear Resident,

May I extend to you, on behalf of the entire Village Board, our warmest wishes during another fantastic Floral Park Summer. The weather has heated up and our crown jewel, the Floral Park Recreation Center, especially our Floral Park Pool, continues to be the center of activity for children and adults alike. This year marks the 50th Anniversary of the opening of the Pool and the 10th Anniversary of the opening of the Recreation Pool Building. Our Village has been greatly enriched, our property values increased and the vitality of our Village life improved with the wide array of recreation offerings all year round by both of these valuable Village assets.

We have always performed required maintenance and upgrade to the pumping, water filtration and chlorination systems of the pool while addressing all new code compliance requirements, but 50 years is a long time. Therefore an engineering feasibility study is being conducted to assess required future compliance with energy and new pool codes, so that a cost benefit analysis can be prepared. I will keep you informed of the progress of this study which is expected in the Fall. Now is a good time to investigate any capital needs for this valuable Village asset that provides vitality to our Village and value to our properties.

This Summer has also been complicated by restoration work on Jericho Turnpike. This work has been progressing swiftly and will provide a much safer and more pleasant thoroughfare through our Village. One of the main reasons for this is due, in no small measure, to the actions of our State Senator, Jack Martins. In the Fall of 2007, each member of the Village Board, myself included, testified at the NYSDOT scoping hearing regarding the proposed improvements to Jericho Turnpike. Issues specific to Floral Park, like drainage, crosswalks, and signal controlled turning lanes, were presented. All of our concerns

were subsequently addressed in the contract documents, all except median plantings. Years passed but we continued to request of the NYSDOT to consider the installation of plantings in the median as we felt beautification should be a necessary element of the project. We were continually stonewalled. On December 21, 2012, after bid documents were prepared, addendums to the contract were released which included the installation of trees and flowering shrubs in the median. The person responsible for that much appreciated late addition was our State Senator Jack Martins. New architectural signage, trees and flowering plants will certainly create a more pleasant streetscape entering Floral Park.

Soon we will also see significant improvements to Tulip Avenue's roadway as the Nassau County Department of Public Works will be upgrading Tulip Avenue in late Summer and into the Fall. The Village DPW has begun electric upgrades in anticipation of that work. But one significant improvement will predicate many changes in the traffic flow in and around Tulip Avenue. Long requested has been a cross walk at Iris and Tulip Avenues. The myriad of excuses has been heard for decades from Nassau County administrators. I am happy to report that pedestrian safety will improve due to the efforts of our Nassau County Legislators Richard Nicolletto and Vincent Muscarella. Rich and Vinny heard our request in 2011, expedited planning, engineering and funding for the installation of a new crosswalk and state of the art safety lighting. All expenses will be borne by Nassau County. This project will provide additional pedestrian safety and traffic calming.

This project has been requested for over 40 years but will necessitate new traffic patterns in the area which are illustrated in this *Village Items*. Please recognize that the need for these changes is pedestrian safety and traffic movement. There are more motor vehicles registered in Nassau County than there are people living in the County. Our roadways are crowded and the changes in commercial trucking distribution have only compounded the problem. We cannot control that, but we can control our driving habits. Please be a courteous driver; obey all traffic laws-30 mph on all Village

roads. Do not text and drive, yield to pedestrians, full stop at stop signs and model good driving behavior for those impressionable future drivers in your car.

No doubt you have all seen the great number of commercial building improvements, new businesses, restaurants, and professionals opening in Floral Park lately. Floral Park's success makes many of these changes necessary. Our attractive streetscapes, our safety, security and supportive residents of all local businesses makes doing business in Floral Park a homerun. I applaud all residents for their support of all our local business and thank our business owners for choosing to do business in Floral Park.

A final and very important point regarding another great asset, our over 5,500 village trees. While the number of trees has been culled by over 550 due to two successive years of wild hurricane like weather and the destructive forces of nor'easters, our crews and staff at DPW have been hard at work. First, the Village Board suspended the sidewalk program for this year. We retained an arborist who is working through the entire Village identifying the work that needs to be done by our tree crew. Recovery from

Sandy and the subsequent nor'easter extended work through the Winter and Spring.

Presently we have focused on areas around the schools during the Summer. If you have seen the work on the blocks around Floral Park Memorial, Floral Park Bellerose School, and Our Lady of Victory you would agree it is impressive. There will not be a need, barring a storm event, to revisit the areas for at least 4 years. Now we are heading to the John Lewis Childs School area. Hundreds of trees have been trimmed and dozens more removed. There are additional contractor bids for trimming and removal of some of the larger trees in the Village. We are also going out to bid for an additional 75' tree trimming vehicle.

We will be planting trees again soon, but the proper trees, given the occurrences over the last two years. We are proud of our designation as a Tree City and value the beauty and importance of our trees. Please know we are working extremely hard to see our living asset, our trees, well maintained, healthy and thriving in Floral Park.

Thomas J. Tweedy, Mayor

ASSESSMENT DEPARTMENT MOVING

Gerard Bambrick, Village Administrator

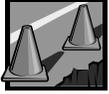
The Village Assessment Department is moving from Village Hall to the same building as our Public Works and Building Departments at One Pool and Garage Road.

This move is part of the Village's ongoing efforts to reduce and streamline Village government. The goal of these changes is to provide more cost effective and efficient services to our residents and businesses. Nearly every department of the Village has seen a reduction in size through attrition and/or consolidation over the past few years.

The staff of our Assessment Department has been reduced, with certain functions of that department now performed by a private company with which the Village contracts. The movement of the Assessment Department to work more closely with the Building Department is key to this change because much of the work of the Assessment Department is closely related to the Building Department's issuance of building permits.

Further, the physical relocation of the office of the Assessment Department will hopefully make the office more accessible for our residents. Many of our residents who need to meet with our Deputy Assessor, Denise Day, tend to be senior citizens. The offices at the Building Department building have very few stairs as compared to Village Hall, and it is our hope that our senior residents will find it easier to meet with our Assessment Department at its new location.

The staff at Village Hall can still answer basic questions and provide you with Assessment forms, but if you need to speak with or meet with our Deputy Assessor Denise Day, she can be contacted at 516-326-6305 and, as stated, her new office is located at the Building Department building at One Pool and Garage Road.

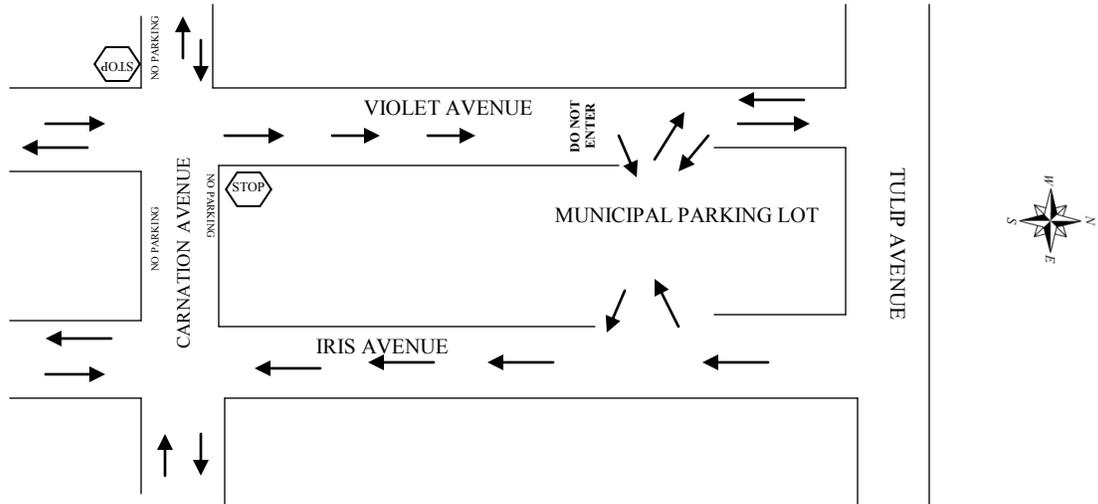


NEW TRAFFIC PATTERNS



VIOLET AVENUE ONE-WAY

In an effort to alleviate traffic tie-ups, Violet Avenue will soon become a one-way street going north from Carnation Avenue to just before the municipal parking lot.



NO PARKING—CARNATION AVENUE

There will be no parking on the south side of Carnation Avenue between Iris Avenue and Violet Avenue and no parking on the north side of Carnation Avenue 30 feet from the east and west intersections of Violet and Carnation.

VILLAGE ITEMS AVAILABLE BY E-MAIL

In our continuing efforts to reduce costs, Village Items will now be available by e-mail. If you would like to receive future issues by e-mail, please complete the following information and drop off or mail to Village Hall, One Floral Boulevard. Or, you can sign up at comments@fpvillage.org.

Name: _____

Address: _____

E-mail address: _____

PUBLIC WORKS DEPARTMENT

Stephen Siwinski, Superintendent

The Village of Floral Park prides itself on our over 6,000 Village street trees. Hurricane Sandy had clocked 90 mph winds, and we lost many of these majestic street trees.

Our three man tree crew is now grappling with an overwhelming amount of requests from trimming to removal of trees. Each tree request that comes into DPW is looked at to assess the condition of the tree. If the tree is healthy, pruning may be in order, not removal. We have instituted a new trimming program that is more efficient and addresses residents concerns more quickly.

Another topic of interest is the Nassau County requirement to curtail storm water pollution. This program is overseen by the U.S. Environmental Protection Agency. The concept is basic; it is to cut out pollution in our waterways.

Many residents are not aware of some simple facts. All water runoff that flows over driveways, lawns and sidewalks picks up debris, chemicals, dirt and other pollutants. These pollutants work their way into our waterways and aquifer.

Here are some simple practices for residents to remember:

- * Pick up pet waste and dispose of it properly. The best way is flushing it. Do not put pet waste in storm drains. The goal is to keep bacteria and nutrients out of the storm drain.
- * Only drain your pool when your test kit does not detect chlorine levels.
- * Use a commercial car wash.
- * Check your car for leaks or spills. If there is a leak, fix it as soon as possible. Clean up spilled fluids with an absorbent material like kitty litter or sand. Do not rinse spills into the street and storm drain. Properly dispose of the absorbent material. Recycle used oil and other automotive fluids. Do not dump these chemicals down the storm drain or in your trash.
- * When fertilizing your lawn, use the fertilizer sparingly, do not over fertilize or water right after you fertilize.
- * Sweep up lawn debris. Compost when possible.
- * When you or your contractor is performing work on your home, sweep up debris. Green concrete and mortar wash off should not be allowed to run into the storm drain.

Besides the environmental impact, these practices also increase the effectiveness of the storm drain system and in some cases could reduce local flooding.

BUILDING DEPARTMENT

Stephen Siwinski, Superintendent

Currently the Village is looking into the modification of the requirements to place a generator on residential property. The revised code will include permitting the location closer to the rear property line. It will also address the State Code Fire Code and safety issues regarding the distance separation and the construction and installation of the fixed and portable units. Another issue that the new requirements will address is the noise generated by these units. The sound ratings will be increased.

The process for approval of placement of all generators will be by the Board of Appeals. This process will allow the neighboring property owners who will be directly affected by the noise to have input. The requirements will also address the operational hours and the cycling hours for the generator. The Village is looking to limit the operating hours only for emergency purposes from 8 a.m. to 10 p.m.

Another item that you as a resident should aware of is that there has been greater enforcement by the State on the excavation requirements with the "Call Before You Dig" Program.

Under the State's "Call Before You Dig" law, you or your contractor is required to call the State Department of Public Service before any mechanical excavation occurs. If your contractor does not call before any mechanical excavation occurs and a utility is hit, it is the responsibility of the property owner to bear the cost of repair. This could result in fees costing thousands of dollars. To protect yourself, call the utility call center for a permit number at 1-800-272-4480 or the 811 number prior to any work being done. Keep the permit number handy in case there is a problem.

In order to protect the residents and to ensure your contractors make the required notification to the State regarding "Call Before You Dig", the Building Department is now requiring permits for driveway replacements, and walk way replacements. The permit also protects the property owner from contractors that do not have the appropriate licenses and insurances.

WELCOME TO NEW BUSINESSES!!

Recently, Mayor Tweedy, the Board of Trustees and the Floral Park Chamber of Commerce had the pleasure of welcoming several new businesses to Floral Park. Stop by and enjoy the diverse and delicious specialties *Pita Park*, *Marble* and *Dee Dee's Luncheonette* have to offer!



Pita Park
155 Tulip Avenue

Marble
Modern American Steakhouse
230 Jericho Turnpike



Dee Dee's Luncheonette
142 Tulip Avenue

POLICE DEPARTMENT

Stephen G. McAllister, Police Commissioner



The primary mission of the Floral Park Police Department continues to be the safety of its residents and the preservation of its quality of life. While reviewing the actions of the Floral Park Police Department over the last three years, I would like to take this opportunity to apprise the Village stakeholders of the accomplishments of the Floral Park Police Department.

SAFETY AND SECURITY

The Floral Park Police Department is always concerned about the safety and quality of life for the residents and business owners within the Village. In order to better manage the FPPD's response to False Alarms, which are both costly to the Village and dangerous to both the civilian population as well as the responding officers, we have partnered with a company called PMAM. Their "False Alarm Monitoring Service" provides an enhanced database of permit holders and conducts all follow up administrative work to ensure the proper maintenance of Burglar Alarms, thereby reducing the response to "False Alarms".

Our partnership with Fundamental Business Service (FBS) to assist us in the processing of parking violations has already commenced. FBS has provided at no upfront costs to the FPPD handheld scanners which will increase efficiency with regard to our parking enforcement.

WEBSITE / ONLINE ACCIDENT REPORTS

The Floral Park Police Department has completely redesigned its website which can be seen at www.floralparkpolice.com. At this site you can find information related to public safety including many educational videos for adults and children. We have also made available online Accident Reports. People involved in an accident can now quickly go online at the above web address and retrieve their accident report. Residents can always come into Police Headquarters and receive a copy in person.

COMMUNICATIONS

The Floral Park Police Department is committed to providing its Officers with the best available communication system in order to better protect the Village and its residents. As such the FPPD has joined with the Nassau County Police Department and other City and Village Departments in the P25 500 MHZ Radio System

Communication Initiative designed and implemented by Motorola. All equipment and installation costs associated with this initiative are fully funded through Grants under Homeland Security. The Floral Park Police Department has completed the conversion over to this new system.

PROCEDURAL MANUAL

The Floral Park Police Department continues its compilation of a procedural manual. This patrol guide is a living document that addresses the ever changing dynamics of a complex world. The FPPD has assembled systematic protocols which are designed to quantify best practices of modern policing, and will act as a guide or reference for the operations of the Department. Areas of the guide continue to be developed by the members of this Department utilizing guidelines established by the Police Executive Research Forum (PERF), International Association of Chiefs of Police (IACP), and other Agencies' Department Manuals and "Best Practices" for guidance.

TRAINING

After completion of a two week Firearms Instructor School given by the FBI at West Point, the Floral Park representative will now assume the role of trainer and an enhanced course of instruction on effective firearms training coupled with control and take down techniques has been developed by one of our officers and will commence in the Fall. All patrol officers will have the opportunity to learn tactics and techniques that will both protect themselves as well as the person who resists or acts out against said officer.

Members of the FPPD have now attended the FBI's Law Enforcement Executive Development Course of Instruction at Princeton University for the third straight year. This course is designed to educate the police executive in modern law enforcement methods.

Our Officers continue to receive training in gangs, guns, narcotics, tactics and effective "tools of the trade" from the FBI, HIDTA, NCPD and NYPD.

Training will continue to be a paramount mission for all members of the FPPD so that they are properly equipped with the knowledge, skills and abilities that will better protect our Village.



VILLAGE JUSTICE COURT

Honorable Douglas J. Hayden, Village Justice

The Village Court continues to be active with respect to the large volume of cases it hears each year. The Court sits on Monday evenings and conducts hearings, conferences and trials in the following areas of the law: Vehicle and Traffic Law Violations, Village Ordinance Violations, and Zoning Law.

TEXTING AND DRIVING

In my last three *Village Items* articles dating back to 2011, I have discussed the alarming statistics of driving and texting. It is an epidemic nationally that now statistically is as dangerous as drinking and driving. More than one million accidents are caused by texting and driving and it is estimated that approximately 100,000 people are texting and driving at any given moment.

In June of 2013, Governor Andrew Cuomo in response to the fact that texting and driving is the number one cause of injury/death to teen drivers in the country, increased penalties associated with texting and or holding a hand held device (cell phone) to 5 points on one's license per conviction (previously it was 3 points) .

In addition, upon a first conviction, a mandatory 60 day suspension will be applied to probationary/ junior license holders. Upon a second conviction, a 6 month suspension will occur.

Hopefully, the above and continued education of not just young drivers but all drivers, of the devastation being caused by texting and driving will lead to less injuries/ death and result in safer roadways.

SCHOOL ZONE ENFORCEMENT

With school opening shortly, the Village Court continues to stress to all residents the importance of operating your motor vehicle safely in school zone areas and when approaching school buses. The Court, in previous editions of *Village Items*, went on to discuss the significant fines and points that are applied when conviction results from these type of Vehicle and Traffic Law Violations. More importantly, the Court emphasizes the safety concerns that are at stake. Please adhere to the signs, warnings and traffic control devices that surround our school areas. These safety measures will help safeguard our children.

TULIP AVENUE

The Court would like to remind residents that crossing over double yellow lines is a violation of the Vehicle and Traffic Law. One only has to be on Tulip Avenue a short time to notice this violation occurring. Most prominent is when another vehicle is attempting to park and the vehicle be-

hind, with no patience, decides to overtake the parking vehicle. With all the stores and the busy pedestrian and car traffic we should all be more prudent with operating our cars on Tulip Avenue. We need to continue to keep our local roadways safe and prevent accidents from occurring.

I don't mean to say that all operators of vehicles on Tulip Avenue are operating in an imprudent manner. But, one only needs to spend a few minutes on Tulip to see that many are in a "rush" to God knows where.....Please continue to drive safely.

OUR LADY OF VICTORY MOCK COURT TEAM

I was pleased, along with the Village Board, to allow our Village Courtroom to be used by the OLV Mock Court Team. The Village Court was used by students as they practiced for the annual St. John's School of Law Mock Court Competition. The students were coached by Mrs. McClintock and Ms. Mangione and did great at the competition.



NASSAU COUNTY MAGISTRATES ASSOCIATION

Village Justice Doug Hayden and Acting Village Justice Perry Criscitelli were recently sworn in as officers and directors of the Magistrates Association at the Nassau County Bar Association. Justice Hayden now serves as Treasurer to the Board and Acting Justice Criscitelli sits on the Board of Directors.



Village Justice Douglas Hayden, Past President Hon. James Tini and Acting Village Justice Perry Criscitelli.

4VS NEWS

James Green, Operations Manager

Celebrating 15 Years On The Air!!!

Publicize Your Non-Profit Events -

As September nears and local organizations gear up for autumn activities, have your group meetings and special events listed on the Four Village Studio Community Billboard. Simply mail, email or fax the details to the studio or deliver the information to the lobby of Village Hall. The Community Billboard is the most complete directory of local events found anywhere...and all listings are free of charge.

Floral Park's Weather Anywhere! -

4VS software and equipment now allows all web-enabled devices to link up to our Floral Park Village Hall rooftop weather station. Just enter <http://RainWise.net/weather/4VS> into your device to see the current readings in Floral Park.

Floral Park Centennial DVD - The studio wishes to thank the community for the many hundreds of Commemorative DVD Collections that have been purchased to date. If you have not bought yours yet, a very small amount still remains in stock and are available in the lobby of Village Hall. The reduced sale price of only \$20.00 will remain until the limited supply is exhausted. The boxed-set contains over 7 hours of programs from the 2008 celebration. Included are the Centennial Fireworks Display, the Centennial Parade, the Floral Park History Walk, a tour of Centennial Gardens, over 100 Historical Floral Park Photographs and more!

Visit: www.4VS.org - 4VS shows air every Monday and Thursday evening. Visit our website for the extended program schedule.



LIBRARY

Tracey Simon, Library Director



IF YOU CAN'T TAKE THE HEAT, GET INTO THE LIBRARY!

The role of the library within the community changes as often as the seasons. Right now, we're in our summer phase, providing a mini-vacation for all those who seek it. Many people have been coming in to find leisure reading and movies, while others come in to cool off on a hot summer day (and there have been plenty this summer so far!). Our internet stations have been in constant use by those planning vacations, catching up on the news, making family trees, seeking information on do-it-yourself projects, and more.

The library is also in its summer mode for children and teens. Schools may be closed and studying set aside for a while, but the library's summer reading programs are in full swing. Fun and interesting programs are available all season long (Shhh! Don't tell the kids that they may be learning something as well!)

For those youngsters in summer school or those who want to get a jump on their studies, the library offers Live Homework Help via Tutor.com. In June, Floral Park students participated in 28 on-line tutoring sessions from home and in the library in such subjects as algebra, trigonometry, biology, and chemistry. This free service can be accessed through our webpage, www.floralparklibrary.org, and click on the Homework Help icon. Live help is available from 2 to 10 PM, and hundreds of instructional videos are available at other times. There's even a mobile app, so you can take the classroom with you! (NOTE: For adults, there's an adult learning/career center as well.) You just need a Floral Park Library card.

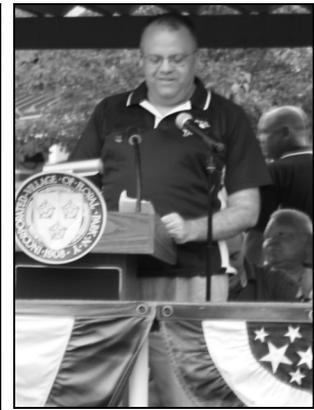
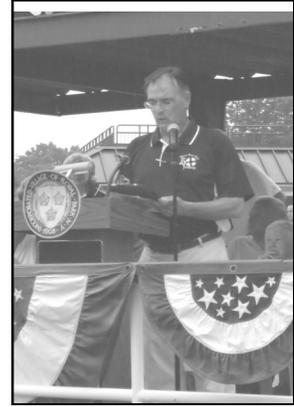
Libraries all over the country are evolving. No longer just a place for picking up and dropping off items, the library is becoming *the* place to spend time between home and work or home and school. More and more people are spending longer periods of time in the library as we offer more spaces to meet with friends and colleagues or work with one's mobile devices. In the not-so-distant future, libraries will be places where one can create. For example, in Fayetteville, NY, a small community of 1,500, the Fayetteville Free Library offers video-making equipment, including editing software and "green screen," sewing machines, 3D "Makerbot" printers, podcasting equipment, and more.

In summary, the Library is hot!...And we mean that in a good way.



FLORAL PARK POOL CELEBRATES 50 YEARS!!!

Despite the threat of rain, hundreds of residents, former village officials, and state and local representatives turned out to celebrate the 50th Anniversary of the Floral Park Pool on July 12th.





SWIMMING POOL

Kurt Meyfohrt, Recreation Director

In the late 1950's, a group of residents chaired by John Minogue approached then Mayor Leslie Carpenter with the idea of building a pool in the village. Mr. Minogue and his committee worked tirelessly to make this dream a reality and in 1962, Mayor George Farrell appointed Trustee Joseph Driscoll to form a committee to explore the possibility of building a pool in the Village of Floral Park. The committee, comprised of resident "captains" from different areas of the village, circulated petitions and recommended to the Board of Trustees the construction of a Village Swimming Pool to enhance the Recreation Center, then known as the playground. On December 15, 1962, residents went to the polls and voted "yes" to the construction of a Village Pool.

On July 13, 1963, the Floral Park Pool opened to a most successful season. Residents have been able to enjoy many hot summers cooling off in the pool while enjoying the camaraderie of their neighbors. Over the years, swimming lessons, the Pirates Swim Team, a wonderful variety of aquatic recreational activities, and family theme nights have evolved making the pool one of the jewels in Floral Park and creating many traditions and memories.

This year, over 1,500 patrons registered for programs such as Junior Lifeguarding, the Pirates Swim Team, My Tot and Me, Water Zumba, Water Aerobics, Indoor Aerobics, Bingo, Indoor Zumba and Yoga. The Teen Luau was attended by over 120 teens and the Friday Family Theme Nights remained as popular as ever.

On July 12th, the Pool celebrated its 50th season by hosting a fun-filled family celebration. Pool Director Tom Dillon kicked off the festivities as he introduced Mayor Tom Tweedy. Mayor Tweedy highlighted the many activities of the pool over the years. The Mayor added that the pool is a vital asset to our community adding life to the community and value to our homes. Many thanks to Former Mayor Hayden for his walk down memory lane and Trustee Kevin Fitzgerald who thanked the Staff and Pool Committee for their time and dedication. Many thanks also to Pool Director Dillon and Mary Jane O'Malley for their work in putting together a very special anniversary celebration.



RECREATION CENTER

Kurt Meyfohrt, Director

With registration for the Session I, Fall/Winter Programs nearing, all residents are reminded that the 2012-2013 Floral Park Leisure Pass is required for enrollment in these classes. Session I programs are scheduled to begin in the beginning of September. Interested residents may find program descriptions, times, fees, start dates, and registration information on the following page. Forms for the 2012-2013 Leisure Pass and Session I programs may be found in the lobby of the Recreation/Pool Building and in the Park Shelterhouse. Forms for the 2012-2013 Leisure Pass may also be found at www.fpvillage.org under the Recreation tab.

Morning Sports, Arts and Crafts, Primary Recreation, Gardening, Tennis, and the All Day Program were again well attended with over 1,000 young community members registered. The All Day Program in its 11th Summer, remains a success as each week reaches maximum capacity. The Adult Basketball, Volleyball, and Tennis include over 800 individuals engaging in exercise and fun competition.

The traditional tennis tournaments gave our tennis community the opportunity to display their skills. This year the opening day tournament was won by Chris Schneider, Susan Vota, and Theresa Maguire. The winners of the Strawberry Tournament went to Jerry Giarrantana, Theresa Foy, and Amy Chiang. The mini tournaments concluded with the Blue Berry Tournament which was won by Craig Ripley, Susan Vota, and Lori Stone. The participants continue to train for this Fall's culminating event; the Jim Krug Classic.

As the seasons change so does the flow of activities at the Recreation Center. After seeing the Park in full operational mode during the busy months of Summer, in the Fall the Recreation Center welcomes the F.P. Titan's Football, F.P. Little League Fall Ball and Girls Softball Program, the F. P. Youth Council Touch Football, and the FPSA Screaming Eagles Hockey.

As the playground enters into the new season, residents are reminded that Tiny Town, the basketball courts, the multi-purpose tennis court, handball wall, and the multi-purpose rink will be open for play on days when conditions permit. The VFP resident leisure pass is required for use of the facility and program registrations.

FLORAL PARK RECREATION SESSION I FALL 2013

The 2012/2013 VFP leisure pass or 2013 resident pool pass is required for registration. Applications are available at the Recreation/Pool Building or the Park Shelter House. Call 326-6336 for additional information. *Classes are subject to cancellation. Program fees are non refundable.*

REGISTRATION DATES AND TIMES:

Tuesday August 27 & Wednesday August 28, 2013
7:00 PM – 9:00 PM
In the Recreation/Pool Building - 2nd Floor

Youth Programs

TINY TOTS GYMNASTICS

Fee \$40.00

Instructor: Wendy Bilka First Class Sept. 21

Saturday 12:30 PM – 1:20 PM Ages: 3 and 4

Saturday 2:30 PM – 3:20 PM Ages: 5, 6, and 7

Introduction to the art of gymnastics. Includes stretching, low impact tumbling and beginner gymnastic techniques.

YOGA FOR KIDS

Fee \$40.00

Instructor: Wendy Bilka First Class Sept. 21

Saturday 1:30 PM – 2:30 PM Ages: 4-9

Basic to intermediate levels of Hatha style yoga helps increase strength, flexibility, circulation, and well-being.

GARDENING

Fee \$40.00

Instructor: Marie Martone First Class Sept. 21

Saturday 9:00 AM – 9:45 AM Ages 3-10

Children enjoy nature walks, plant vegetables, and flowers.

Adult & Senior Programs

AEROBICS (*17 Week program) First Class Sept 9

Instructor: Wendy Bilka

Days: Monday, Wednesday, & Friday Fee \$80.00

8:30AM – 9:30AM OR 9:45AM – 10:45AM

Baby sitting for day classes only - space is limited

Nights: Monday & Wednesday Fee \$55.00

6:45PM – 7:45PM OR 8:00PM – 9:00 PM

A 60 minute step aerobic class for those who wish to maintain good physical condition.

ADULT YOGA

Fee \$40.00

Instructor: Wendy Bilka

Tuesday 7:45 PM – 8:45 PM First Class Sept. 17

Friday 10:00 AM - 12:00 PM First Class Sept. 20

Instructor: Danielle Seuling

Saturday 10:15AM - 11:15AM First Class Sept. 21

Focus on balance, flexibility, strength, and toning.

ZUMBA GOLD

Fee \$40.00

Instructor: Jenna Naab

Tuesday 6:30PM-7:30PM (Med.) First Class Sept. 17

Instructor: Danielle Seuling

Saturday 9:00AM-10:00AM(Starter) First Class Sept. 21

A dance workout that includes basic rhythms like Salsa, Meringue, Belly Dancing, Flamenco, Tango, and Samba.

KNITTING CLASS Sr. Fee \$15.00 / Adult Fee \$40.00

Instructor: Martha Ambrust

First Class Sept. 17

Tuesday 1:00 PM – 3:00 PM

Expert needle worker teaches beginner and intermediate levels of the art of knitting and stitching.

LINE DANCING Sr. Fee \$15.00 / Adult Fee \$40.00

Instructor: Lynne Martino

First Class Sept. 18

Wednesday 11:00 AM– 12:00 PM

Designed to introduce a variety of line dance steps.

Registration will be the first day of class, 30 minutes prior to scheduled times.

DANCE AEROBICS

Adult Fee \$40.00

Instructor: Casey Naab

First Class Sept. 21

Saturday 11:00 AM– 12:00 PM

Aerobic exercises that are done to music with movements that emulate high energy dance moves.

SILVER SNEAKERS EXERCISE

Fee \$15.00

Instructor: Josephine Alongi

First Class Sept. 17

Tuesday & Thursday

9:30AM – 10:30AM

A 12 week program of exercises without leaving your seats. A benefit for beginners as well as those experienced in exercise. Those interested in increasing flexibility and muscle tone will enjoy this class with the instructor's guidance.

SILVER SNEAKERS/GENTLE MOVEMENT

(12 week program)

Fee \$15.00

Instructor: Josephine Alongi

First Class Sept. 17

Tuesday & Thursday

10:30AM – 11:30AM

~ OR ~

Tuesday & Thursday

11:30AM – 12:30AM

Low impact and toning exercises specifically for older adults who wish to exercise with an instructor's guidance. Step by step instructions, simple techniques to improve range of motion, balance, and joint mobility.

BARRE/PILATES

Instructor: Tarra Hayes

Fee \$40.00

Friday 1:00 - 2:00pm

First Class Sept. 20

Barre exercise to sculpt thighs and lift the seat. Pilates to help build flexibility, muscle strength, and endurance.

**Important Village of Floral Park
Phone Numbers**

Police & Fire Emergency.....	911
Police & Fire Non-Emergency.....	326-6400
Administration.....	326-6300
Assessment.....	326-6300
Building Department.....	326-6319
Court Office.....	326-6325
Fire Department Business Office.....	326-6327
Library.....	326-6330
Mayor's Hotline (voicemail after 4:30 p.m.)....	326-6300
Public Works Department.....	326-6320
Recreation/Shelter House.....	326-6334
Recreation/Pool Bldg.....	326-6336

www.fpvillage.org

4VS –Cablevision Channel 18 / Verizon 28

Mayor

Thomas J. Tweedy



Trustees

James E. Rhatigan Mary-Grace Tomecki
Dominick A. Longobardi Kevin M. Fitzgerald

Village Justice

Douglas J. Hayden

Village Administrator

Gerard M. Bambrick

Village Clerk

Susan E. Walsh

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