

FLORAL PARK RECREATION PROGRAMS

SESSION I FALL 2020

SENIOR PROGRAMS

SENIOR AGILITY & STRENGTHENING

Monday & Friday: 11:00am - 11:45am

SILVER SNEAKERS EXERCISE

Tues & Thurs: 9:00am- 9:45am

SILVER SNEAKERS/GENTLE MOVEMENT

Tuesday & Thursday: 10:15am - 11:00am or Tuesday & Thursday: 11:30am - 12:15pm

KNITTING

Tuesday: 1:00pm - 3:00pm

REGISTRATION:

AT THE RECREATION/ POOL COMPLEX

DATES AND TIMES:

WEDNESDAY, SEPTEMBER 16 AND THURSDAY SEPTEMBER 17

9:30AM - 1:30PM

For more information please call 326-6336.

2019/2020 VFP Resident Leisure Pass or 2020 Resident Pool Pass is required.

Applications are available at the Recreation/Pool Building, Parks Shelter House or the Village website www.fpvillage.org .

Classes are subject to change or cancellation

Program fees are non-refundable.